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www.body-language-info.com

(Extract from: Men, Women And Body Language)

The number of stereotypes, myths, and rumors about differences between men and women are staggering. What's more, even talking about many of these issues can create a firestorm of opinions, disagreements, and tension. Adding even more to the discussion is recent research using magnetic resonance imaging (MRI) that reveals men use about six areas of their brain to send and receive non-verbal messages, while women use up to sixteen areas of their brain to do the same things.

Despite all of this, however, it is certainly worthwhile to look at gender differences in body language because differences do in fact exist. Keep in mind as we discuss these differences that there are no strict rules about how men use body language or how women use body language. Rather, there are some common tendencies that can be used to show some of the broad differences between the genders, but there will of course always be exceptions and a range of possibilities within what is considered normal or typical.



ARE WOMEN AND MEN REALLY ALL THAT DIFFERENT?

The short answer to this question is yes. The long answer to this question is that these differences are based on a combination of built-in characteristics and learned characteristics, creating a tremendous range and variety of possibilities. In this chapter we'll attempt to separate different aspects of the built-in from the learned while at the same time looking at how these two sets of characteristics are connected and intertwined in complex ways.

Built-in characteristics are those...

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